Invited Review

New Insights into Lung Surfactant Monolayers Using Vibrational Sum Frequency Generation Spectroscopy

Gang Ma and Heather C. Allen*
Department of Chemistry, The Ohio State University, 100 West 18th Avenue, Columbus, OH

Received 30 June 2006; accepted 23 August 2006; published online 24 August 2006 DOI: 10.1562/2006-06-30-IR-958

ABSTRACT

At the air–water interface, interfacial molecular structure, intermolecular interactions, film relaxation and film respreading of model lung surfactant monolayers were studied using vibrational sum frequency generation (VSFG) spectroscopy combined with a Langmuir film balance. Chain-perdeuterated dipalmitoylphosphatidylcholine (DPPC-d62), palmitoleoylphosphatidylglycerol (POPG), palmitic acid (PA) and tripalmitin were investigated. In the DPPC-d62–PA binary monolayer, PA showed a condensing effect on the DPPC chains. On the contrary, in the DPPC-d62–POPG binary monolayer, POPG showed a fluidizing effect on the DPPC chains. In the ternary monolayer system of DPPC-d62–POPG–PA, the balance between the fluidizing and the condensing effect was also observed. In addition, the film relaxation behavior of DPPC-d62 and the enhanced film stability of DPPC-d62 caused by the addition of tripalmitin were observed. Real-time VSFG was also employed to study the respreading properties of a complex lung surfactant mixture containing DPPC-d62, POPG, PA and KL4 (a mimic of SP-B) peptide, which revealed DPPC enrichment after film compression.

INTRODUCTION

In the work presented here, lung surfactant properties were investigated using model lung surfactant systems. These monolayer systems were probed by using a surface selective nonlinear optical approach, vibrational sum frequency generation (VSFG) spectroscopy, coupled to a Langmuir film balance that simultaneously measures surface tension. The vibrational studies presented provide a better understanding of lung surfactant structure and insight into the functional aspects of lung surfactant.

Lung surfactant forms a monolayer at the air–alveolar hypophase interface and is an essential material for lung function (1–3). This complex mixture of lipids and proteins is secreted by the alveolar type II cells into the hypophase in the form of lamellar bodies, which is then transformed into a unique surfactant assembly, tubular myelin (TM). With the aid of TM, lung surfactant can adsorb rapidly onto the air–alveolar hypophase interface during inhalation, forming a surfactant monolayer covering the alveolar hypophase. A major function of the lung surfactant monolayer is to lower the surface tension inside the alveoli to near-zero values during exhalation. This property eases the work associated with breathing and prevents the collapse of the lung at the end of exhalation.

Endogenous lung surfactant composition varies among different mammalian species to some extent. Generally, lung surfactant contains about 90 wt% lipids and 10 wt% surfactant proteins (4,5). Phospholipids, including phosphatidylcholine, phosphatidylethanolamine, phosphatidylcholine and phosphatidylserine, make up the majority of the lipid composition, with dipalmitoylphosphatidylcholine (DPPC) being the major phospholipid component. Other minor lipid components include cholesterol and fatty acids. There are also four types of surfactant proteins, SP-A, SP-B, SP-C and SP-D. SP-A and SP-D are hydrophilic; SP-B and SP-C are hydrophobic and SP-B is considered to be the most important surfactant protein. Functional lung surfactant possesses three essential properties: it must be able to adsorb quickly from the hypophase to the air–water interface; it must be able to reach a near-zero surface tension value at the end of exhalation; and it must be able to respread at the air–water interface quickly during inhalation. Because no single lung surfactant component can have all of the three optimized properties, lung surfactant must be a multicomponent mixture (3).

Deficiency and dysfunction of lung surfactant leads to lung disorders (3). Deficiency of lung surfactant in premature infants results in respiratory distress syndrome (RDS), which is one of the leading causes of infant death (3). Current clinical treatment for RDS is through surfactant replacement therapy, namely, administration of exogenous surfactants. Dysfunction of lung surfactant is a condition associated with acute RDS (ARDS). ARDS is a result of lung injury and can affect patients of all ages. Surfactant replacement therapy for ARDS is less successful as compared with RDS because of the complex pathology of ARDS (6).

A fundamental understanding of lung surfactant structure and function can lead to improvements of the established treatments as well as the invention of novel therapies. To this end, a great deal of fundamental research on lung surfactant structure has been performed in the past several decades. In particular, numerous studies on a variety of model systems have been performed with a variety of surface approaches including Langmuir film balance (7–14),

*Corresponding author email: allen@chemistry.ohio-state.edu
(Heather C. Allen)
© 2006 American Society for Photobiology 0031-8655/06

1517
Figure 1. The molecular structures of DPPC-d62, POPG, PA and tripalmitin.

DPPC is the major lipid component in both natural and synthetic lung surfactant; furthermore, all replacement surfactants include DPPC as a major component. POPG represents the phosphatidylglycerol component found in natural lung surfactant. Both PA and tripalmitin are important additives of Survanta, a widely used replacement surfactant in U.S. hospitals. Moreover, DPPC, POPG and PA are the only three lipid components in the all-synthetic replacement surfactant, Surfaxin, a new-generation replacement surfactant (62). In the study presented here, DPPC, POPG, PA and tripalmitin were used to form either neat or mixed monolayers in a Langmuir trough. The pure and mixed monolayers investigated in this work include DPPC-d62, DPPC-d62–PA, DPPC-d62–POPG, DPPC-d62–POPG–PA, DPPC-d62–tripalmitin and a more complex system containing DPPC-d62, POPG, PA and KL4. KL4 is an SP-B mimic peptide with 21 amino-acid residues (63).

MATERIALS AND METHODS

Materials. Acyl chain deuterated 1,2-dipalmitoyl-sn-glycero-3-phosphocholine (DPPC-d62) and 1-palmitoyl-2-oleoyl-sn-glycerol-3-phosphatidylglycerol (POPG) were purchased from Avanti Polar Lipids (Alabaster, AL) with >99% purity. PA and tripalmitin with 99% purities were purchased from Sigma-Aldrich. The KL4 peptide with an amino acid sequence of KLKLKLLLLKLLLLKLLKK (K: Lysine; L: Leucine) was custom-synthesized by Biopeptide Co., LLC (San Diego, CA) with a purity of 98% by HPLC. The molecular structures of DPPC-d62, POPG, PA and tripalmitin are shown in Fig. 1. Spectrophotometric grade chloroform and methanol were purchased from Sigma-Aldrich. Deionized water was from a Barnstead Nanopure system with a resistivity of 18.2 MΩ·cm. Ethylenediaminetetraacetic acid (EDTA) disodium salt, hydrochloric acid, Trizma (tris(hydroxymethyl)aminomethane base) and sodium chloride were obtained from Fisher Scientific.

Sample preparation. Stock solutions of DPPC-d62, PA and tripalmitin with concentrations of 1 mM were made in chloroform/methanol (3/1 vol/vol); stock solution of KL4 with a concentration of 0.65 mg/mL was made in chloroform/methanol (3/1 vol/vol). These solutions were mixed in appropriate ratios to form model lung surfactant mixtures. The subphase used in the monolayer measurements was pure water with a measured pH value of 5.5. However, an aqueous solution consisting of 100 mM NaCl and 0.1 mM EDTA in 5 mM tris buffer at pH of 7 was used as the subphase for the respreading experiment.

Methods. As shown in Fig. 2, the VSFG investigation is performed on the monolayer spread in a Langmuir film balance. Details about the Langmuir film balance experiments and the VSFG experiments are provided as follows. Langmuir film balance. The monolayer compression and expansion were performed in a Langmuir trough (KSV minitrough, KSV, Finland). The rectangular trough (176.5 × 85 mm) is made of Teflon and is
thermostated by circulating water in channels placed underneath the trough at a temperature of 24 ± 0.5°C. Two barriers are employed to provide symmetric film compression. The barriers were made of Delrin, a hydrophilic material, which prevents leakage of the monolayer beneath the barriers during surface pressure and the mean molecular area of the trough were continuously monitored during film compression and expansion by the Wilhelmy plate method. The plate is made of platinum or filter paper (paper plate was used in the respersing experiment). The platinum plate was flamed with a Bunsen burner before each run of experiment. The trough was filled with pure water (or the buffer solution). Before spreading surfactant, the subphase surface was swept by the barriers to ensure that no significant surface pressure increase occurred. A known amount of the lung surfactant solution was spread on the subphase in a drop-wise manner with a Hamilton syringe, and 10 min was allowed to elapse for complete solvent evaporation before starting the compression. The same barrier moving speeds (5 mm/min) were used for film compression and expansion.

**Broad-bandwidth VSFG**. There are two types of VSFG technologies, scanning VSFG and broad-bandwidth SFG (BBSFG). In this study, the BBSFG system was employed. The BBSFG laser system in our lab consists of two 1-kHz repetition rate regenerative amplifiers (SPitfire, fs and ps versions, Spectra-Physics), both of which are seeded by sub-50 fs 792 nm pulses (the wavelength is tuned for system optimization) from a Ti: Sapphire oscillator (Tsunami, Spectra-Physics) and pumped by a 527 nm beam from an all solid-state Nd:YLF laser (Evolution 30, Spectra-Physics). The two regenerative amplifiers provide 85 fs pulses at 800 nm (22 nm bandwidth) and 2 ps pulses at 800 nm (17 cm⁻¹ bandwidth). The fs broad-bandwidth pulses were then used to generate broad-bandwidth infrared light via an optical parametric amplifier (OPA-800CF, Spectra-Physics). The wavelength tuning ability of the OPA is achieved by adjusting the phase-matching angles of the BBO and AgGaS₂ crystals. The spectral window of the broad IR pulse can be as large as 500 cm⁻¹ depending on the tuned spectral region. Therefore, using a BBSFG system, a surface vibrational spectrum can be obtained without wavelength scanning. In this work, the output energy of each 800 nm ps pulse was 300 µJ for most of the experiments and 400 µJ for the respersing investigation. The IR energy was 6 µJ per pulse in the C-D stretching region; 9 µJ per pulse in the C-H stretching region; and 1 µJ per pulse in the PO₃⁻ SS stretching region. As shown in Fig. 2, the Langmuir film balance was placed on the sample stage of the BBSFG system. The 800 nm ps beam and the spectrally broad IR beam were overlapped at the monolayer surface spatially and temporally. The generated SFG signal containing spectral information from the monolayer was detected using a monochromator–CCD detection system (SpectraPro SP-500 monochromator with a 1200 g/mm grating blazed at 750 nm, Acton Research; 1340 x 400 pixel array, LN400EB back-illuminated CCD, Roper Scientific). Typical spectral acquisition time was 5 min.

The SFG spectrum is polarization dependent. In this study, the polarization combination of s+s (s-SFG; s~800 nm; p-infrared) was used. The SFG spectrum was normalized against a nonresonant SFG spectrum from a GaAs crystal (Lambda Precision Optics, Inc.) to remove the spectral distortion caused by the energy profile of the infrared pulse. To calibrate the SFG peak positions, a nonresonant SFG spectrum from the GaAs crystal surface was obtained with a polystyrene film covering the OPA infrared output port. The resulting SFG spectrum containing polystyrene infrared absorption bands was used for the calibration. The calibration accuracy is better than 1 cm⁻¹.

The spectral resolution of the BBSFG system was characterized with an approach proposed by Ishibashi and Onishi (64). A polystyrene IR transmission spectrum was obtained with the BBSFG system using a polystyrene film to cover the output port of the OPA. The IR transmittance was then converted into absorbance. The absorption spectrum obtained with BBSFG was compared with the absorption spectra taken with a commercial FTIR spectrometer (Avatar 370, Thermo Nicolet) under three different spectral resolutions, 4, 8 and 16 cm⁻¹. As shown in Fig. 3, the two arrows indicate the positions of two polystyrene absorption bands. The two bands are not well resolved in the FTIR spectrum with 16 cm⁻¹ resolution and appear as shoulders. However, the two bands are well resolved in the FTIR spectra with 4 cm⁻¹ and 8 cm⁻¹ resolutions as well as in the IR absorption spectrum taken with the BBSFG system. Furthermore, the IR absorption spectrum of polystyrene taken with the BBSFG system is quite similar in spectral resolution to that of the FTIR spectrum with 8 cm⁻¹ resolution. (The Thermo Nicolet Avatar 370 limits our accessible IR resolutions to 1, 2, 4, 8 and 16 cm⁻¹.) Therefore, the spectral resolution of the BBSFG system is closest to the 8 cm⁻¹ infrared resolution.

The BBSFG system combined with the Langmuir film balance can work in three different modes: pause mode, hold mode and real-time mode. In pause mode, the barriers compress the monolayer to a given surface pressure and halt; a BBSFG spectrum is then taken during the halting period. During the pausing period, the film usually experiences a surface pressure drop (also called film relaxation) (3). Because the BBSFG system requires relatively short spectral acquisition times, the pressure drop was found to have a negligible effect on the obtained BBSFG spectrum. In hold mode, the barriers move to hold the surface pressure at a given value and a BBSFG spectrum is then taken during the holding period. With the real-time mode, the BBSFG spectra were taken simultaneously during film compression and expansion. In our studies, the pause mode and the hold mode gave identical spectra. The real-time mode was utilized to investigate the film relaxation and film respersing. Other investigations were completed under either pause mode or hold mode.

**VSFG background**. Since its inception in 1987 (65–67), VSFG has become a powerful surface-probing technique in a variety of research fields, including materials science, atmospheric chemistry, environmental science and bioscience (68–84). SFG utilizes two pulsed laser beams with different frequencies to probe the surface. The two incident pulses generate a third frequency at the sum of the incident frequencies. Typically, one incident beam is in the visible region and the other is in the infrared region. When the infrared pulse is resonant with a surface vibrational mode of the molecule at the surface, an SFG signal enhancement is observed and the enhanced signal provides a surface vibrational spectrum. VSFG is a unique surface vibrational spectroscopic technique owing to its intrinsic surface selectivity derived from its selection rule requiring lack of inversion symmetry. VSFG also requires the surface vibrational mode to be both infrared-active and Raman-active.
The SFG intensity, \( I_{\text{SFG}} \), as shown in Equation (1),

\[
I_{\text{SFG}} \propto |\chi^{(2)}|^{2} \propto |\chi_{\text{int}}^{(2)} + \sum \chi_{v}^{(2)}|^{2}
\]

(1)

is proportional to the absolute square of the macroscopic second order susceptibility, \( \chi^{(2)} \), which consists of resonant terms (\( \chi_{\text{int}}^{(2)} \)) and a nonresonant term (\( \sum \chi_{v}^{(2)} \)). When the frequency of an incident infrared beam, \( \omega_{\text{IR}} \), is resonant with a vibrational mode, \( v \), the resonant susceptibility term (\( \chi_{v}^{(2)} \)) dominates the nonlinear susceptibility (\( \chi^{(2)} \)) and an SFG intensity enhancement is observed. The resonant macroscopic nonlinear susceptibility, \( \chi_{v}^{(2)} \), is shown in equation (2),

\[
\chi_{v}^{(2)} = \frac{A_{i}}{\omega_{\text{IR}} - \omega_{v} + i \Gamma_{v}}
\]

(2)

where \( A_{i} \) is the strength of the transition moment, \( \nu \) is the frequency of the transition moment and \( \Gamma_{v} \) is the linewidth of the transition. The strength, \( A_{i} \), is nonzero when the Raman and the infrared transitions are both spectroscopically allowed. \( \chi_{v}^{(2)} \) is related to the molecular hyperpolarizability, \( \beta_{v} \), shown in equation (3), by the number density of the surface species, \( N \), and an orientationally averaged Euler angle transformation, \( (\mu_{\text{IR,lab}}) \), between the laboratory coordinates (\( i, j, K \)) and the molecule coordinates (\( \ell, m, n \) (73,85,86).

\[
\chi_{\ell,m,n}^{(2)} = N \sum_{\text{int}} (\mu_{\text{IR,lab}}) \beta_{\ell,m,n}
\]

(3)

As shown in equations (1), (2) and (3), the SFG spectrum contains information about surface molecular density, molecular moiety interfacial orientation and surface vibrational frequency. These three parameters are extremely valuable in characterizing interfacial structure, molecular interactions and interfacial properties.

**RESULTS AND DISCUSSION**

**DPPC-d62 Langmuir monolayer**

DPPC is the major lipid component in lung surfactant and plays a central role in surface tension lowering during exhalation. Therefore, initial studies (87) were performed solely on a DPPC monolayer on a pure water subphase to understand the surface structural properties in different interfacial phases. In addition, as the model lung surfactant mixtures in our studies increased in complexity, using deuterated DPPC allowed us to probe the mixed monolayer with minimal spectral interference. Therefore, these initial studies were performed on DPPC-d62.

Surface pressure–area isotherm measurements are a common way to characterize Langmuir monolayers (88), and thus isotherm measurements were performed before the VSFG investigations as a standard procedure. Figure 4A shows the surface pressure–area isotherm of DPPC-d62 at 24°C on a pure water subphase. In the isotherm, each slope change of the isotherm indicates a phase transition (88). Figure 4A shows five different phase regions. Following the general assignments in the literature, these phase regions have been assigned to be G-LE, LE, LE-LC, LC and collapse (89). G is the gas phase; LE is the liquid-expanded phase; LC is the liquid-condensed phase; and collapse refers to the situation in which the two-dimensional monolayer is broken and a three-dimensional structure forms. DPPC-d62 has the LC phase transition at the surface pressure of 15 mN/m, which is about 10 mN/m higher than that of the nondeuterated DPPC. As shown in Figure 4A, the DPPC-d62 monolayer collapses at 63 mN/m. The collapse pressure of DPPC can reach above 70 mN/m if the Langmuir trough is equipped with a ribbon barrier (7).

To gain molecular level insights on DPPC interfacial structure, VSFG spectroscopy was employed to investigate the DPPC-d62 monolayer as stated above. Numerous BBSFG spectra were obtained under different surface pressures along the isotherm; three representative spectra are shown in Fig. 4B. The three spectra correspond to DPPC-d62 in three different phases: LE, LC and collapse. These spectra were acquired when the infrared energy was tuned into the C-D stretching region of 2000 to 2300 cm\(^{-1}\), thereby providing structural information of the deuterated hydrocarbon chains of DPPC-d62. At 12 mN/m, there are five peaks revealed in the spectrum. These peaks are located at 2073, 2102, 2121, 2194 and 2221 cm\(^{-1}\). As denoted by the vertical lines in Fig. 4B, these five peaks are assigned to the CD\(_3\) symmetric stretching (CD\(_3\)-SS), CD\(_2\) symmetric stretching (CD\(_2\)-SS), CD\(_3\) Fermi-resonance (CD\(_3\)-FR), CD\(_2\) asymmetric stretching (CD\(_2\)-AS) and CD\(_3\) asymmetric stretching (CD\(_3\)-AS) modes, respectively. The spectral assignments are based on previous vibrational spectroscopic studies on deuterated DPPC (90,91). At 42 mN/m and 63 mN/m, only three peaks, the CD\(_2\)-SS, CD\(_3\)-FR and CD\(_3\)-AS, are observed in the BBSFG spectra. The distinct difference between the 12 mN/m spectrum and the 42 mN/m spectrum lies in...
the presence or absence of the CD$_2$-SS and CD$_2$-AS peaks in the two spectra. This reflects the molecular conformation difference between the LE phase and the LC phase. In the LE phase, DPPC molecules behave like a two-dimensional liquid. The hydrocarbon chains adopt flexible gauche conformations. There is a lack of inversion symmetry in each pair of methylene groups in gauche configurations. The lack of inversion symmetry makes both the CD$_2$-SS and CD$_2$-AS modes SFG active. Therefore, the two peaks show up in the 12 mN/m spectrum. In contrast to the LE phase, the LC phase is similar to a two-dimensional semicrystalline phase. The absence of the CD$_2$ peaks in the 42 mN/m spectrum indicates that the hydrocarbon chains of DPPC in the LC phase adopt an all-trans configuration. The all-trans configuration generates inversion symmetry in each trans pair of methylene groups. Because DPPC has an even number of methylene groups, no CD$_2$ stretches can be SFG active. Therefore, both the CD$_2$-SS and CD$_2$-AS disappear from the 42 mN/m spectrum.

The 12 and 42 mN/m spectra shown here demonstrate the capability of VSFG spectroscopy to probe the molecular conformation of lipids at the interface during a Langmuir trough compression. We later show the employment of this capability to investigate chain-chain interactions between different types of lipids.

Figure 4B also shows that the 42 mN/m BBSFG spectrum is nearly identical to the BBSFG spectrum of DPPC in the collapse phase. This phenomenon can be explained in the following way. According to the generally accepted collapse mechanism, lipids in collapse phase will form trilayer-structure patches (92,93). The trilayer-structure patch consists of a monolayer plus a bilayer that is either underneath or on top of the monolayer. The presence of inversion symmetry in the bilayer structure makes the bilayer SFG-inactive (80). Consequently, although the surface number density of the collapse region is tripled, the trilayer-structure patch behaves like a monolayer with respect to the power of producing SFG intensity. Therefore, it is not surprising to observe that the SFG spectra remain nearly unchanged before and after collapse.

**DPPC-d62–PA mixed monolayer**

Palmitic acid is an important additive in several exogenous surfactant preparations, such as Survanta and Surfaxin (3). VSFG spectra, as shown in this section, provide molecular level insight by elucidating the interfacial structure and intermolecular interactions between DPPC and PA. FM and GIXD have been used previously to investigate the effect of PA on DPPC monolayers (30,41). FM revealed that adding increasing amounts of PA into the DPPC monolayer increases the area occupied by solid domains. A GIXD study indicated that adding increasing amounts of PA to the condensed phase of DPPC decreased the overall chain tilt angle significantly. These effects have been referred to as a condensing effect. From a molecular view, the condensing effect is an interfacial ordering effect.

Compared with the previously used surface techniques such as FM and GIXD, VSFG has distinct advantages. First, as an intrinsic vibrational spectroscopic technique, VSFG has functional-group sensitivity. This means that VSFG can probe different moieties of a lipid molecule and can reveal more detailed structural information, which is critical to the study of mixed monolayers such as DPPC with PA. For example, with the use of VSFG to probe both the tail groups and the head groups, the chain-chain interaction and head-head interaction between lipids can be investigated separately. Second, unlike GIXD that probes lipids in a condensed phase, VSFG can probe lipids in both the LE phase and the LC phase. The above two distinct characteristics make VSFG able to provide new insights on lipid-lipid intermolecular interactions that are not accessible by microscopic techniques or X-ray diffraction. The following section summarizes a portion of our recent study on a DPPC–PA monolayer using VSFG (94). This work demonstrates the capability of VSFG to provide direct spectroscopic evidence for the condensing effect of PA on DPPC in the LE phase and reveals that the condensing effect is a conformational ordering effect. Moreover, we also present exciting new results about the head group interaction associated with the condensing effect by probing the phosphate functional group of DPPC.

The basic approach of using VSFG to investigate intermolecular interactions between PA and DPPC is to analyze the spectral variation of DPPC induced by the addition of PA. The observed spectral variation not only serves as direct evidence for the existence of the intermolecular interaction, but also reveals the molecular nature of the interaction.

Figure 5 shows the BBSFG spectra of DPPC-d62 in the C-D stretching region in DPPC-d62–PA mixed monolayers at the surface pressure of 12 mN/m on a pure water subphase in the C-D stretching region. The 12 mN/m spectrum of DPPC-d62 in Fig. 4B is shown in Fig. 5 again as the gray curve for reference. As indicated by Fig. 5, the addition of PA has a dramatic effect on the chain conformation of DPPC. The BBSFG spectrum of DPPC-d62 in the DPPC-d62–PA mixture with a 3:1 molar ratio between DPPC-d62 and PA shows a substantial decrease of the relative intensity ratio of the CD$_2$-SS to the CD$_3$-SS (I$_{CD2-SS}$CD$_3$-SS) and the CD$_2$-AS to the CD$_3$-AS (I$_{CD2-AS}$CD$_3$-AS) as compared with the reference DPPC-d62 monolayer (the gray curve). (The spectral parameter of the relative intensity ratio between the methylene group and the methyl group symmetric stretching bands has been used in previous SFG studies to reveal the chain ordering of the hydrocarbon chains; the smaller the ratio, the higher the chain ordering [69–71].) Fitting results further reveal that I$_{CD2-SS}$CD$_3$-SS dropped from 0.52 for DPPC-d62 to 0.029 for the DPPC-d62–PA (3:1) mixture and I$_{CD2-AS}$CD$_3$-AS dropped from 0.45 for the DPPC-

![Figure 5. BBSFG spectra of DPPC-d62 monolayer and DPPC-d62–PA mixed monolayers in the C-D stretching region at 12 mN/m on a pure water subphase at 24°C. Solid lines are spectral fits; vertical lines indicate peak positions of the CD$_2$-SS and the CD$_2$-AS; (3:1) and (1:1) are the molar ratios between DPPC-d62 and PA.](image-url)
correspond to the DPPC monolayer at 12 mN/m, the DPPC monolayer at 42 mN/m and the DPPC-d62–PA mixed monolayer with a 1:1 molar ratio at 12 mN/m. At 12 mN/m, DPPC-d62 is in the LE phase. Because of the large mean area occupied by the lipid head in the LE phase, the head group is well solvated by water molecules. Because the hydrogen bonding formation and interaction weakens the PO$_2^-$ bond, the PO$_2^-$-SS is at a lower frequency of 1094 cm$^{-1}$ relative to that in a dehydrated state. Compressing the DPPC-d62 monolayer into the LC phase causes dehydration of the phosphate group of DPPC-d62. The breaking of the hydrogen bonding network of the phosphate group solvation sphere strengthens the PO$_2^-$ bond (101). Consequently, at 42 mN/m, the PO$_2^-$-SS is blueshifted to a higher frequency of 1104 cm$^{-1}$. As just discussed, the condensing effect of PA shifts the phase of DPPC-d62 from the expanded phase into a condensed phase, even though the surface pressure is at 12 mN/m. This phase transition, LE to LC, is associated with a dehydration process of the head group of DPPC. Therefore, one might expect the PO$_2^-$-SS frequency of the DPPC-d62–PA mixture to be closer to that of the DPPC-d62 monolayer at 42 mN/m, 1104 cm$^{-1}$, to correspond to the dehydration. However, the PO$_2^-$-SS frequency of the DPPC-d62–PA mixture is 1094 cm$^{-1}$, clearly redshifted from the 42 mN/m spectrum. This indicates an intermolecular interaction between PA and DPPC. We assert that PA forms a hydrogen bond with the phosphate group of DPPC. The formation of the hydrogen bond between PA and DPPC counteracts the dehydration of the phosphate group associated with the condensing effect. Recall that the pH of water keeps PA from being ionized at the air–water interface (23); therefore, PA has available a COOH hydrogen to form the hydrogen bond with DPPC.

**DPPC-d62–POPG mixed monolayer**

POPG represents the unsaturated and anionic component found in endogenous and exogenous lung surfactants. The role of the unsaturated and anionic components in replacement surfactants is to improve the respreading and adsorption properties of DPPC (3,5). Proper lung surfactant function requires a balance between the saturated rigid components (such as DPPC and PA) and the unsaturated and anionic components (such as POPG) (3). At room and body temperatures, POPG forms fluid films (30). Counter to the condensing effect of PA, POPG has a fluidizing effect on DPPC because of its own fluid nature. The fluidizing effect is essentially an interfacial disordering effect on the molecules within the film. In this section, it is shown that POPG has a conformational disordering influence on the DPPC chains when DPPC is in the LE phase. We also find that when DPPC is in the LC phase, POPG has no effect on the conformational ordering of the DPPC chains.

Figure 7 shows the BBSFG spectrum of DPPC-d62 in the DPPC-d62–POPG mixture at 12 mN/m on a pure water subphase in the C-D stretching region. The gray curve is the 12 mN/m spectrum of DPPC-d62 shown for reference. The spectral variation caused by the presence of POPG clearly suggests an intermolecular interaction between DPPC and POPG because the DPPC–POPG spectrum is now dominated by the methylene asymmetric stretch. By analyzing the two spectra in Fig. 7, we see two features that support that POPG has a conformational disordering effect on the DPPC chains. The first feature is the variation of I$_{CD2-AS}$ of DPPC–POPG as indicated by the fitted subpeak areas in Fig. 7. Quantitatively, the I$_{CD2-AS}$ values increased from 0.45 for DPPC-d62 to 0.94 for the DPPC-d62–POPG mixture. The higher the ratio, the more...
disordered the hydrocarbon chain, as shown above in the study of the DPPC-d62–PA monolayer. The second spectral feature is the broadening of the CD2-AS peak. With the addition of POPG to the DPPC film, the CD2-AS FWHM bandwidth increased from 16 cm⁻¹ for the DPPC-d62 film to 28 cm⁻¹ for the DPPC-d62–POPG mixture film. This indicates an increase in gauche defects and thus chain disordering, and is consistent with previous Raman investigations on phospholipids. Raman line broadening has been attributed to the increased gauche defects in hydrocarbon chains (102). For example, dramatic increases in the bandwidths of both the CD2-SS and the CD2-AS peaks have been found at the melting temperature of phospholipid films (102). The two spectral features discussed above clearly indicate that POPG further disorders the already disordered DPPC chains in the LE phase. Additionally interesting in the DPPC-d62–POPG spectrum of Fig. 7 is that the CD2-SS band is missing but the CD2-AS band clearly dominates the spectrum. This may be relevant to the disordered state of the DPPC chains. To elucidate its physical origin requires further investigation.

The DPPC-d62–POPG mixed monolayer was also investigated at 42 mN/m. Shown in Fig. 8 are the BBSFG spectra of DPPC-d62 of the DPPC-d62 monolayer and the DPPC-d62–POPG mixed monolayer. The gray 42 mN/m DPPC-d62 spectrum from Fig. 4 is shown again in Fig. 8 for reference. The two spectra are nearly identical to each other, with the exception that the DPPC-d62 monolayer spectrum has a higher absolute intensity in all of the peaks, revealing a lower number density of DPPC-d62 in the laser probe region for the DPPC-d62–POPG mixture. This indicates that there is a phase separation between DPPC-d62 and POPG. At 42 mN/m, DPPC-d62 is in the LC phase, forming a highly-packed semicrystalline structure. POPG, because of its cis C=C bond, cannot form a highly-packed crystalline structure. The BBSFG experiment probes both types of domains, yet the incident IR is only resonant with the deuterated domains of the DPPC-d62. Clearly, at 42 mN/m, the two lipids are not miscible and a phase separation occurs. Because of the phase separation, POPG does not affect the chain packing of DPPC-d62 when DPPC is in the LC phase.

**DPPC-d62–POPG–PA mixed monolayer**

In summary of the studies on the DPPC LE phase presented above, Fig. 9 illustrates the condensing effect and the fluidizing effect on the DPPC chain ordering. PA conformationally orders the DPPC chains and POPG conformationally disorders the DPPC chains. This is very different from what was observed from POPG and DPPC when DPPC is in the LC phase region of the isotherm. The balance between these two effects in the LE phase region of the DPPC-d62–POPG–PA mixed monolayer was investigated and the results are discussed below.

Figure 10 shows three BBSFG spectra of DPPC-d62 at 12 mN/m on a pure water subphase in three different mixtures with different lipid molar ratios: DPPC-d62–POPG (3:1), DPPC-d62–POPG–PA (3:1:1) and DPPC-d62–POPG–PA (3:1:3). The spectrum of the 3:1 molar ratio mixture of DPPC-d62–POPG is shown here again for comparison. The fitted subpeaks of the CD2-AS and the CD2-AS are shown in Fig. 10 to reveal the variation in their intensity ratio, ICD2-AS/CD2-AS. Adding PA decreases the ICD2-AS/CD2-AS, indicating an increase in the chain ordering of DPPC-d62. As mentioned above, the value of the ICD2-AS/CD2-AS of the DPPC-d62–POPG–PA film is 59. This ratio decreases to 0.7 in the (3:1:1) DPPC-d62–POPG–PA mixture and further decreases to 0.2 in the (3:1:3) DPPC-d62–POPG–PA mixture. Figure 10 demonstrates that the fluidizing ability of POPG can be counteracted by the condensing ability of PA. The balance between the fluidizing effect and the condensing effect can be further explained from the viewpoint of the phase behavior variation with the monolayer composition change in the DPPC-POPG–PA system. Previous surface pressure–area isotherms, FM, BAM and GIXD investigations on the DPPC-POPG–PA system demonstrated that adding PA increases the condensed phase fraction in the mixed monolayer, and the condensed phase domains contain DPPC and PA (30). The results shown in Fig. 10 support this scenario. By increasing the condensed phase domain fraction with the addition of PA, the LE phase characteristic peak of the CD2-AS decreases and the condensed phase characteristic peak of the CD2-AS increases. Consequently, ICD2-AS/CD2-AS decreases as
revealed in Fig. 10. In addition, as shown in Fig. 10, even in the monolayer of DPPC-POPG-PA (3:1:3), the CD2-AS peak still exists, revealing that DPPC molecules distribute themselves into both the condensed and expanded phases.

It is important to note that these molecular film characteristics, condensation versus fluidization capabilities of various lipids, have a profound effect on lung surfactant function, that is, fine-tuning the two effects can alter the balance between the LE and LC phases under a given surface pressure.

**DPPC-d62–tripalmitin mixed monolayer**

The DPPC-d62–tripalmitin mixed monolayer was investigated to better understand film metastability. A DPPC monolayer under dynamic compression is in a nonequilibrium state and can have unique properties distinct from the monolayer in the equilibrium state (3,59). For example, a DPPC monolayer can reach near-zero surface tension (corresponding to 72 mN/m surface pressure) under dynamic compression, but it can only attain about 45 mN/m surface pressure under its equilibrium spreading condition. In vivo, lung surfactant monolayers can also sustain high surface pressure for an extended period of time without collapsing in static lungs. This suggests that lung surfactant maintains a metastable state during breathing. Finding factors that affect the nonequilibrium state and metastability of lung surfactant is an important issue in understanding lung surfactant function. Recently captive bubble studies showed that fast compression can be a way to improve the film metastability of lung surfactant (18,19,59). In this section, we reveal that film metastability can be enhanced through the intermolecular interaction using tripalmitin in the mixed monolayer with DPPC.

Two monolayers, a DPPC-d62 monolayer and a DPPC-d62–tripalmitin mixed monolayer, were compressed to a surface pressure of 42 mN/m under the exact same experimental conditions. Once the surface pressure of 42 mN/m was reached, the barriers were halted and the films were allowed to relax. The film relaxation process was monitored in two ways simultaneously: (1) the surface pressure was monitored as a function of time; and (2) BBSFG spectra of the film were obtained in real time. Figure 11 shows the surface pressure and time relationship of the DPPC-d62 monolayer and the DPPC-d62–tripalmitin (1:1) mixed monolayer during a 30 min period. The two monolayers showed distinctly different film relaxation behavior. The DPPC-d62 monolayer experienced a continuous surface pressure drop after the barriers were halted during the 30 min monitoring period, suggesting film instability. In contrast, the DPPC-d62–tripalmitin monolayer revealed a slight pressure increase right after the barrier halting.

---

**Figure 9.** The condensing effect versus the fluidizing effect: DPPC illustrated in the LE phase; DPPC ordering because of the addition of PA; and DPPC showing additional disordering because of the addition of POPG.

**Figure 10.** BBSFG spectra of DPPC-d62–POPG mixed monolayer and DPPC-d62–POPG–PA mixed monolayers in the C-D stretching region at 12 mN/m on a pure water subphase at 24°C. Solid lines are spectral fits; (3:1), (3:1:1) and (3:1:3) are the molar ratios among DPPC-d62, POPG and PA.
and then the surface pressure remained nearly unchanged during the 30 min monitoring period, suggesting enhanced film stability.

Figure 12A,B shows the selected BBSFG spectral snapshots taken during the film relaxation process of the two monolayers. For the DPPC-d62 monolayer, as indicated by arrows, during the film relaxation both the CD2-SS and the CD2-AS appear, revealing gauche defects in the DPPC-d62 tails. This indicates DPPC-d62 loss during film relaxation. The DPPC-d62 in the compacted LC phase is unable to sustain itself and relaxes. During the relaxation period, the DPPC film begins to show spectral features of DPPC in the LE phase because of decreased surface number density of DPPC-d62.

For the DPPC-d62-tripalmitin monolayer, the scenario is very different. The five spectra in Fig. 12B are nearly identical to each other, indicating that DPPC-d62 is in a metastable state and retains its organization within the mixed film with little to no relaxation. The improved film metastability of DPPC-d62 because of the presence of tripalmitin is attributed to the existence of intermolecular interactions between DPPC-d62 and tripalmitin. To gain insight into this intermolecular interaction, BBSFG was employed to investigate spectral frequency shifts. Figure 13 shows the BBSFG spectra of DPPC-d62 and DPPC-d62–tripalmitin at 42 mN/m. Comparison reveals an obvious frequency redshift of respect to that of DPPC-d62. Fitting results show that the CD2–FR shifted from 2122 cm\(^{-1}\) for the DPPC-d62 film to 2119 cm\(^{-1}\) for the DPPC-d62–tripalmitin film. The observed frequency shift of 3 cm\(^{-1}\) suggests a chain-chain interaction between DPPC-d62 and tripalmitin. This small shift is indicative of a slightly stronger intermolecular interaction between DPPC and tripalmitin chains relative to DPPC–DPPC chain interactions. This intermolecular interaction between DPPC and tripalmitin provides a substantial contribution to the enhanced film stability of the DPPC.

**DPPC-d62–POPG–PA–KL\(_4\) mixed monolayer**

Proper lung surfactant function requires good film respreading properties. Respreading is a process by which surfactant molecules that are ejected into interfacial aggregates of the collapse phases during compression are able to reenter and spread back into the film during expansion (3). Good respreading properties can minimize interfacial surfactant loss, which is crucial in reducing lung surfactant depletion during the breathing cycle. The respreading of a lung surfactant monolayer is believed to depend on surfactant molecular structures and intermolecular interactions, especially interactions between lipids and surfactant proteins such as SP-B and SP-C (7–9,12–14,24,27–29,37,38). There is a paucity of methodologies that can measure interfacial surfactant loss in a molecularly-specific way. Using BBSFG to monitor the respreading process in real time, the interfacial loss of DPPC is quantitatively measured in a complex lung surfactant mixture of DPPC-d62–POPG–PA–KL\(_4\) (103). This recent investigation (103) is summarized here.

Figure 14 shows the compression and expansion isotherms of a complex surfactant monolayer containing DPPC-d62, POPG, PA and KL\(_4\). Under our experimental setup and conditions, it takes 876 s to complete a compression isotherm and another 876 s to complete an expansion isotherm. The compression and expansion processes were monitored in real time with BBSFG spectroscopy. Because the BBSFG acquisition time is not infinitely small, each
will cover a segment of the isotherm. The isotherm is divided into 30 segments and each segment is spectroscopically covered by a BBSFG spectrum with a 29.2 s acquisition time. In our study, each segment is referred to as a time window. Because under the same time windows, lipid molecules occupy the same trough areas during compression and expansion, the number density variation of the lipid will be directly related to the percentage of the interfacial loss of the lipid. The real-time acquired BBSFG spectra of DPPC-d62 were used to gain information about the surface number density variation of DPPC-d62 during the respreading of the DPPC-d62–POPG–PA–KL₄ monolayer. In particular, the intensity of the CD₃ SS band of DPPC-d62 was used as a measure of the number density variation of DPPC-d62 before and after respreading.

Figure 15 shows the BBSFG spectra of DPPC-d62 during compression and expansion for time window 28. The decreased DPPC-d62 BBSFG intensity after respreading suggests interfacial loss of DPPC-d62. To quantify the DPPC-d62 loss on the basis of the peak intensity change of CD₃ SS, the orientation effect must be carefully considered. As shown in equation (4), the square root of the SFG intensity of the CD₃ SS peak is related to the number density (N), but complicated by the orientation distribution (73).

$$\sqrt{I_{\text{exp}}(CD_3 - SS) \propto N}$$

(4)

In equation (4), R and Bₓᵧ are constants for a given molecule; θ is the orientation angle of the C₃ symmetry axis of the methyl group with respect to the surface normal; and ⟨ ⟩ represents the orientation average because the orientation angle has a distribution function. In Fig. 15, both of the two spectra carry the spectral feature of DPPC-d62 in the LC phase (refer to the DPPC-d62 spectrum at 42 mN/m in Fig. 4). For the LC phase, it is reasonable to assume a δ function for the orientation angle distribution for the methyl groups in the DPPC tails. Therefore, both ⟨cosθ⟩ and ⟨cos³θ⟩ can be simplified to be cosθ and cos³θ. Furthermore, fitting results showed that the relative intensity ratio between the CD₃ AS and CD₃ SS peaks for the two spectra in Fig. 15 were nearly the same, demonstrating that the orientation angles of the two cases were the same. Now equation (4) can be simply expressed in the form of equation (5). According to equation (5), the intensity variation of the CD₃ SS peaks for the compression and expansion of time window 28 can be easily used to measure the number density variation of DPPC-d62.

$$\sqrt{I_{\text{exp}}(CD_3 - SS) \propto N}$$

(5)

Based on equation (5), by comparing the fitted peak intensity of the CD₃ SS peak of the two spectra in Fig. 15, a 12% interfacial loss of DPPC-d62 after respreading is revealed. Equation (5) also sets a standard for choosing the suitable time windows. Not all of the 30 time windows follow the relationship in equation (5). For example, for those time windows covering low surface pressures, DPPC-d62 will be in the LE phase and the orientation angle distribution will not be a simple δ function, and the relationship between the SFG intensity and N will not follow the simple relationship described in equation (5).
The interesting phenomenon revealed by Figs. 14 and 15 is that the isotherm measurements show a 34% trough area reduction for the expansion curve as compared with the compression curve, whereas the BBSFG measurement shows only a 12% DPPC-d62 loss during respreading. This suggests that the interfacial losses of the four components are not uniform. If the four monolayer components had a uniform interfacial loss during respreading, the expansion isotherm would be simply shifted to the left by a trough area reduction of 12%. The 34% trough area reduction is because of a disproportionately high loss of non-DPPC components. Therefore, results from Fig. 14 and Fig. 15 reveal a DPPC enrichment during monolayer respreading.

CONCLUSIONS

In this review, recent results on the molecular level details of lung surfactant monolayers using vibrational sum frequency generation spectroscopy coupled to a Langmuir film balance were presented. In summary, model monolayers constituted with DPPC–d62, PA, POPG, tripalmitin, and KL₄ were explored. VSFG, using BBSFG technology, provided direct evidence for the condensing effect of PA on DPPC and the fluidizing effect of POPG on DPPC. The balance between these two effects was further investigated in the DPPC-d62–POPG–PA mixed monolayers. Film relaxation behavior of DPPC under the influence of tripalmitin was also investigated, and it was determined that tripalmitin enhanced the DPPC film metastability. A DPPC-enrichment process was revealed from the real-time spectroscopic probing of the respreading of the complex lung surfactant mixture containing DPPC–d62, POPG, PA and KL₄. These investigations showed the significance of monolayer composition on the monolayer interfacial structures and demonstrated the potential of VSFG as a powerful surface technique to elucidate the composition–function relationship of lung surfactant.

FUTURE PERSPECTIVES

In the past several decades, many breakthroughs in lung surfactant research have been revealed. New concepts and models proposed based on recent results using a variety of experimental and theoretical tools have improved our understanding about how lung surfactant functions. Recently, investigators have been combining traditionally macroscopic (thermodynamic) measurements with microscopic and selective spectroscopic tools to further deconvolve the inferred mechanisms of functional and dysfunctional lung surfactant. In the realm of spectroscopy, nonlinear optical tools are now being applied as shown in this review, in addition to reflection absorption infrared spectroscopic studies as briefly discussed here, to further investigate lung surfactant biophysics. Additional tools such as coherent anti-Stokes Raman scattering microscopy and VSFG microscopy would further improve the state of understanding. Vibrational spectroscopies offer insight into the intramolecular and intermolecular interactions and provide an understanding as to why one will observe specific phenomena (e.g. domain formation and isotherm behavior) from more traditional microscopy and thermodynamic experiments. This molecular perspective from surface selective spectroscopies with different selection rules provides critically important interaction and conformational information that then allows for better design of lung surfactant replacement formulations. It is clear that there is no one experimental tool that will solve all of the unknowns with respect to lung function and dysfunction; however, it is also clear that with the use of more sensitive and complementary techniques, and with studying more complex model systems and natural lung surfactant systems, new insights can and will emerge. Lung dysfunction has many underlying causes, and by precisely and accurately understanding lung surfactant component interactions, using an array of old and new techniques, researchers can make a significant impact.

SUPPLEMENTAL MATERIALS

Figures S1–S5 (additional isotherms) can be found at DOI: 10.1562/2006-06-30-IR-958.s1.

Acknowledgements—The authors acknowledge the Arnold and Mabel Beckman Foundation for funding this research through a Beckman Young Investigator Award.

REFERENCES

Biotechnology and Bioengineering, 59(1), 133–143.


Photochemistry and Photobiology, 2006, 82 1529